

# Attention Special Education and Adult Transition Teachers!

Dayle McIntosh Center is offering **FREE** in-class **Independent Living Skills** workshops to students with disabilities!



**Independent Living 101 is a four part series which includes the following lessons:**

## Part 1: Disability Pride

Students will gain a sense of disability pride and learn about basic truths of living with a disability.

## Part 2: Independent Living History

Students will learn about current and past leaders in the independent living movement and how they advanced the rights of people with disabilities.

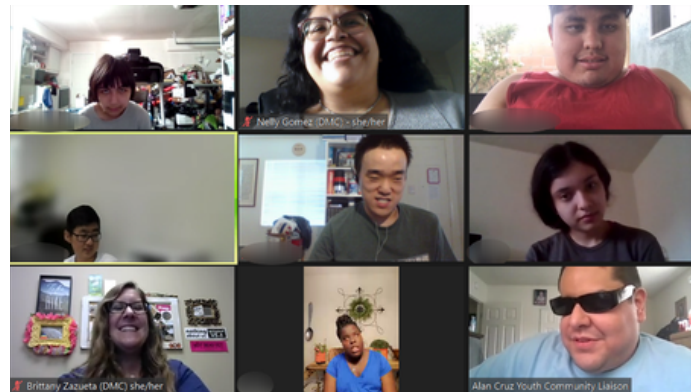
## Part 3: Self-Advocacy

Students will learn how assertive communication can help get their needs met.

## Part 4: Community

Students will learn about the disability community and how to connect to their peers.

**Location (Zoom or in-person) and availability of groups may vary due to COVID safety protocols**



**For more information or to schedule workshops please contact:**

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